



What every archer really should need to know about his/her bow set up :



RECURVE

Name : Phone nr :
 Club : E Mail :

RISER Brand: Specs : RH / LH 23-25-27 inch
 Model : Colour :

LIMBS Brand: Size : Short / Medium / Long
 Model : Specs : ILF / Formula / Other

RATED Draw Weight : MEASURED Draw Weight :
 Lbs at inch Draw Length Lbs at inch Draw Length

RISER + LIMBS : Inch

STRING Length : cm (Untwisted) Twists : X => cm (twisted)
 x strands

Material specs : In use since :

Brace Height : cm Nocking point : mm

Bolds settings : x turns (from LOOSE to max IN) Tiller : mm Top
 Top bold : x IN mm Bottom
 Bottom bold : x IN mm

ARROWS Brand: Nocks Inserts : Yes / No
 Model : Nocks Brand :
 Spine : Nocks Model :
 Shaft length : cm Nock Size : ① / ②
 Points : grains Vanes Brand :
 Model : insert/break/screw Vanes Model :
 FOC % : Size (length) : mm

PLUNGER-BUTTON ARROW REST :

SIGHT Brand: Model :
 Side width : mm Full extended or nd hole

Sight marks :

Date	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
10m	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
20m	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
30m	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
50m	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
60m	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
70m	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>



STABILISER SET Brand: or Mix Long Rod : inch
 Model : Short Rods : inch
 V-Bar : Yes / No Straight / Angled 40°/45° Extender : inch
 Top Riser : Yes / No [Extra] Damper Long Rod : Yes / No
 Bottom Riser : Yes / No [Extra] Damper Short Rods : Yes / No

VARIOUS REMARKS :